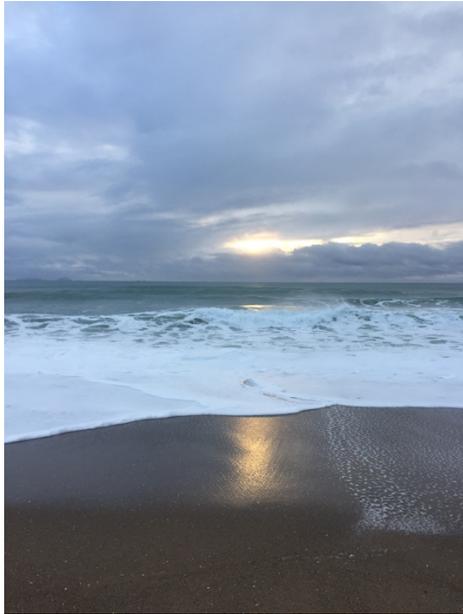


# THERE'S NO WRONG WAY

QUESTIONS TO INITIATE A CONVERSATION ABOUT DEATH YOUR LEGACY.



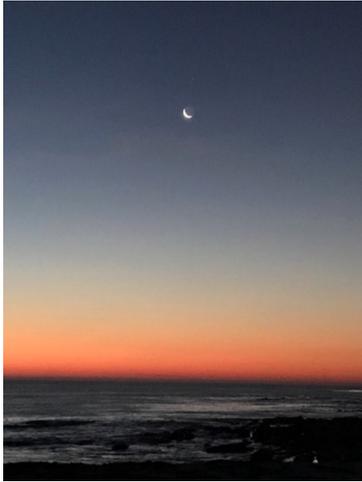
These questions are designed to support you to have a conversation about the kind of death you want, the opportunity to reflect on your life and the kind of legacy or memory you want to leave behind. They are starters in a conversation about the hard truth of death and an attempt to soften the process by creating the gift of a clear path to follow for those who are left behind.

First there are the questions which have been gathered with care to create an overview of what you would like as you die. The next section is about your reflections on your life. There are some conversation starters listed under each question.

And finally is a list of resources in case you want to find out more about things raised here.

Consider these both a smorgasbord – choose what you like and leave the rest, and a leaping off point- let these questions lead you where you want to go. You might want to write the answers or record them so there is a memory of your voice.

Go gently and kindly or fiercely and crankily, however you do this is ok. This is about your life and your death.



In the weeks before I die I would like...

(a party, a memorial service I can go to, quiet, to see the ocean, to sit under a kauri tree, paint, ...)

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As I am dying I would like....

(music, scent, people present, candles, jokes, ...)

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As soon as I die I would like....

(music played, champagne, song to be sung, silence, how would you like your body to be tended to....)

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Before my funeral I would like

(to wear a certain piece of clothing, to have a casket people can draw on, not to be embalmed, to stay at home...)

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At my funeral I would like....

(Music, certain people to speak, certain photos, to have something special in my casket, something special on my casket, to be buried/cremated...)

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After my funeral I would like

(A big party, my favourite food at the wake, everyone to go to the beach...)

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In the years to follow I would like....

(You to think of me when you see..., to have a glass of my favourite whiskey on my anniversary, to wear my....)

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